

# HEALTHY CHILDREN HEALTHY FUTURE



Children Healthy and Active Multi-agency Programme



**CHAMP**

**PUBLIC**  
**health**  
GIBRALTAR

*gha*  
Gibraltar Health Authority

## WHAT IS CHAMP?

CHAMP is an initiative formed through the collaboration of existing local services that have an interest in **CHILD AND POPULATION HEALTH**. It aims to create an informative, pragmatic and supportive environment in which children and families are empowered and encouraged to make appropriate choices towards **HEALTHY LIVING**.

## WHO ARE WE?

CHAMP started as a small steering group of professionals based in Gibraltar, working together to help local children and their families live **HEALTHY AND ACTIVE LIVES**. The group has grown and has representation from various government departments, including Healthcare, Public Health, Education, Social Care, Sports and Culture.

# PROPOSED CHAMP EVENTS

Launch to explain who we are  
Nutrition workshop  
Exercise team activity  
Evaluation of initiative and future plans

## HOW TO CONTACT US?

CHAMP does not have a set location due to the range of professionals and departments involved. You may contact one or more of the members listed here.

**Sarah Payas**

Educational Liaison  
Dept. of Education

**Daya Dewfall / Emily Lopez**

Health Promotion  
Dept. of Public Health

**Cheryl Figueras / Charles Russo**

Dietetics  
GHA

**Dr Annie Dai /**

Paediatrics  
GHA

**Michelle Turner /**

Sports Development  
GSLA

For more information on this and other public health initiatives see:

[www.HealthyGibraltar.org](http://www.HealthyGibraltar.org)



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