

FACTORS THAT CONTRIBUTE TO SUICIDE



INDIVIDUAL FACTORS:

- Prior suicide attempts
- Emotional problems
- Drug use
- Stress management
- Religious beliefs
- Relationship/ Marital problems



FAMILY FACTORS:

- Structure
- Relationships
- Financial difficulties
- Health concerns
- Death of a loved one



SOCIAL FACTORS:

- Isolation
- Suicidal behaviour in others
- Media influences
- Professional support

Feeling there is no other solution...